

Wes D.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Agriculture Science from Texas State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- 16-5A 2nd Team All-District Defensive Back, Varsity Football 2005
- Hunting, fishing, ranching
- Football, baseball, track



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 676