

# Patrick O.



Team Member Since: 2002

## Education & Certifications

- BS in Criminal Justice from Stephen F Austin State University
- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Athletics
- Business



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