

Carisha B.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- Professional Fitness Instructor Training

Hobbies and Achievements

- Fitness
- Finding new ways to make healthy recipes
- Spending time with family and friends



For more info about this trainer,
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24hourfitness.com/personaltraining