

# Melissa M.



**Certified Personal Trainer  
Team Member Since: 2013**

## Education & Certifications

- BA in International Studies from University of North Texas
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Gardening
- Parasailing
- Cycling
- Sand volleyball
- Painting



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 680