

# Scott B.



**Master Trainer**  
**Fitness Manager**  
**Team Member Since: 2009**

## Education & Certifications

- Cooper Institute - Biomechanics of Resistance Training
- Cooper Institute - Master Fitness Specialist
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Strength and Conditioning Assoc. - Certified Personal Trainer

## Hobbies and Achievements

- Martial Arts
- Music
- Sci-fi



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 681

