

# Thomas W.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Psychology from UT Arlington
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

## Hobbies and Achievements

- Krav maga
- Muay thai
- Soccer
- Sci-fi
- Psychology



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 681