

Jassy B.



Certified Personal Trainer
Master Trainer
Team Member Since: 2008
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Marketing from University of Oklahoma
- MS in Business from University of Houston
- NASM - Weight Loss Specialist (WLS) 2012
- AED (Automated External Defibrillator)
- Cooper Institute - Biomechanics of Resistance Training
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Running
- Dog Walking



For more info about this trainer,
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24hourfitness.com/personaltraining