

John G.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BA in Radio-TV-Film from UT Austin
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Federation of Professional Trainers - Personal Trainer

Hobbies and Achievements

- Weight training
- Guitar player



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24hourfitness.com/personaltraining