

Nate S.



Master Trainer
Fitness Manager
Team Member Since: 2009

Education & Certifications

- BA in Finance from Trinity University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Softball
- Disc golf
- Live music
- Things from Louisiana



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