

Mary M.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Marathon/triathlon competitions
- Warrior games
- Cooking
- Running with my dog



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24hourfitness.com/personaltraining