

# Johnny K.



**Certified Personal Trainer**  
**Master Trainer**  
**Team Member Since: 2014**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Weight Loss Specialist
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Sports training
- Speed/Agility Training
- Endurance/Conditioning Coach
- Corrective Movements
- Nutritional Guidance



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 684

