

Jonathan L.



Team Member Since: 2009
Sessions Serviced: 5,000 +

Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Corrective Exercise Instruction (mobility)
- Weight Loss
- General Health



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining