

# Elena E.



**Team Member Since: 2007**

## Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Working out
- Body Building Competitions
- Snow Skiing



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 685

