Matthew B.



Team Member Since: 2004

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine Corrective Exercise Specialist
- National Academy of Sports Medicine Certified Personal Trainer
- National Academy of Sports Medicine Performance Enhancement Specialist
- National Academy of Sports Medicine Sports Fitness Specialist

Hobbies and Achievements

- Triathlons
- MMA



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