

Andrea H.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in corporate recreation from Northwest Missouri State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- CrossFit
- Olympic lifting
- Body Building and Figure Competition
- Volleyball
- Cycling and Racquetball



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 686