

Andrea H.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

- BS in corporate recreation from Northwest Missouri State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- CrossFit
- Olympic lifting
- Body Building and Figure Competition
- Volleyball
- Cycling and Racquetball



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining