

Michelle K.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Advanced Health and Fitness Specialist
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

Hobbies and Achievements

- Spending time with family
- Competitive powerlifting
- Continuing education
- Overall physical health



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 686