

Michael W.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Compete in Jiu Jitsu and Grappling tournaments
- Played DI football University of Iowa
- Trained under world renowned Muay Thai Kickboxing coaches



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Club ID: 688