

Rebecca A.



Team Member Since: 2001

Education & Certifications

- BA in Business from Bowling Green State University
- National Academy of Sports Medicine - Nutrition
- 24 Hour Fitness - Certified Personal Trainer
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Cycling
- Horses
- Swimming



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 688

