Berny K.



Master Trainer Team Member Since: 2000 Sessions Serviced: 5,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- Cooper Institute Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. Personal Fitness Trainer
- TRX Suspension Training Certified TRX Instructor

Hobbies and Achievements

- Dancing
- Weight training
- Animals



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

