

Matt C.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BA in Health Management from University of Texas-Arlington
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Bike racing
- Ice Hockey
- Cooking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 691