

Richard C.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Federation of Professional Trainers - Personal Trainer

Hobbies and Achievements

- Cooking and grilling
- Playing sand volleyball
- Swimming
- Reading
- Restoring old furniture



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 691