

Adam C.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BS in Health & Human Performance/Sports Management from University of Lambuth University
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Mixed martial arts
- Traveling



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 692