

# Kim D.



**Master Trainer**  
**Team Member Since: 2009**

## Education & Certifications

- BS in Kinesiology from Stephen F Austin State University
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Spending time with family and friends
- Sports
- Weight training



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)