

Melody M.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Fitness and Human Performance from University of Houston Clear Lake
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- Taught dance and competitive cheer for 2 years
- Weight training
- Spending time with family
- Houston Deaf Network engagements
- Cooking



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining