

# Melody M.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Fitness and Human Performance from University of Houston Clear Lake
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Taught dance and competitive cheer for 2 years
- Weight training
- Spending time with family
- Houston Deaf Network engagements
- Cooking



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 692

