

# Ray H.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Kinesiology from University of Texas at San Antonio
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Outdoor recreational activities
- Competitive sports
- Nutrition
- Spending time with my dogs



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