

Monse S.



Certified Personal Trainer
Team Member Since: 2010

Education & Certifications

- BS in Kinesiology from ???
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Cycling
- Salsa dancing
- Tennis



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 697