

# Adam B.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Business Management from Austin Peay
- AED (Automated External Defibrillator)
- CPR Certification
- National Council for Certified Personal Trainers - Future Fit Inc.
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Basketball
- Baseball
- Football
- Swimming



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)