

Ilia K.



Certified Personal Trainer
Team Member Since: 2009

Education & Certifications

- Bachelor of Fine Arts in Photography from Columbia University
- Bachelor of Science in History from University of Wisconsin
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Council on Strength and Fitness - Personal Trainer
- National Federation of Professional Trainers - Personal Trainer

Hobbies and Achievements

- USCG 100ton Near-coastal Captains Licence
- Petrol Head & Rally Racer
- 4 Wheelin & Off-Roadin
- Marine Ecology and Preservation
- Global Trekker



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