

# Julie L.



**Certified Personal Trainer  
Fitness Manager  
Team Member Since: 2012**

## Education & Certifications

- BS in Marketing from Manhattan College
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Snowboarding
- Obstacle Racing
- Hiking and Camping
- Skydiving



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)