

Anthony C.



Master Trainer
Team Member Since: 2012

Education & Certifications

- BA in Exercise Science from American Academy of Personal Training
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Sports
- Nutrition
- Strength Training



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