

Bryan K.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Personal Training from American Academy of Personal Training
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Olympic Lifting
- Sports Performance
- Flag Football



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