

Jasmin I.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Personal Training from Focus Institute Personal Training
- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Performing arts
- Kettlebells
- Strength training
- Flexibility training



For more info about this trainer,
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24hourfitness.com/personaltraining