

Anton V.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Psychology and Human Services from Touro College
- CPR Certification
- World Instructor Training School - Personal Trainer Certification

Hobbies and Achievements

- Self defense
- Kettlebells
- Running
- Powerlifting and bodybuilding
- Joint mobility and flexibility



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24hourfitness.com/personaltraining

Club ID: 728