

# Anton V.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Psychology and Human Services from Touro College
- CPR Certification
- World Instructor Training School - Personal Trainer Certification

## Hobbies and Achievements

- Self defense
- Kettlebells
- Running
- Powerlifting and bodybuilding
- Joint mobility and flexibility



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 728