

Dana N.



Certified Personal Trainer
Master Trainer
Assistant Fitness Manager
Team Member Since: 2005
Sessions Serviced: 5,000 +

Education & Certifications

- BS in Exercise Science from Colorado Mesa University
- CPR Certification
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Running
- Healthy Cooking
- Fitness
- Paddle boarding



For more info about this trainer,
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24hourfitness.com/personaltraining