

Dana N.



Certified Personal Trainer
Master Trainer
Team Member Since: 2005
Sessions Serviced: 5,000 +

Education & Certifications

- BS in Exercise Science from Colorado Mesa University
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Competitive Marathon Runner
- Health and Fitness/healthy cooking
- Boot Camp
- Cycling
- Paddle Boarding



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 801

