

Martin F.

Education & Certifications

- BS in Exercise Science from Bryant College
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer



Master Trainer

Team Member Since: 2007

Sessions Serviced: 2,000 +

Hobbies and Achievements

- Body building
- Martial Arts



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