

Nick E.

Education & Certifications

- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- American Council on Exercise - Lifestyle and Weight Management Coach
- bodybugg® Calorie Management System Certification
- CPR Certification



Certified Personal Trainer
Team Member Since: 2009

Hobbies and Achievements

- Hiking and mountain biking
- Snow boarding
- Body building
- Hanging out with family and friends



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 801

