

Tiffany C.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Snow boarding
- Skate boarding
- Working out
- Shooting and spending time outdoors
- History and anatomy



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining