

Bettina U.

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer



Certified Personal Trainer
Group X Instructor
Team Member Since: 2010

Hobbies and Achievements

- Water Sports
- Weight Lifting
- Shopping
- Music
- Continuing to learn about fitness and exercises



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 802

