Brian S.



Certified Personal Trainer Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. Personal Fitness Trainer

Hobbies and Achievements

- Mixed Martial Arts
- Brazilian Jiu Jitsu
- Lick Boxing
- Weight Lifting



For more info about this trainer, scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

