

Taron J.



Certified Personal Trainer
Fitness Manager
Team Member Since: 2001
Sessions Serviced: 5,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Spending time with my family
- Playing poker



For more info about this trainer,
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24hourfitness.com/personaltraining