

Erica A.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Communication Studies from California State University, Long Beach
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Spending Time with my Family and Friends
- Hiking and Kayaking
- Vacations
- Knitting



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 808