

Stacie D.



Certified Personal Trainer
Master Trainer
Fitness Manager
Team Member Since: 2004
Sessions Serviced: 5,000 +

Education & Certifications

- BA in Athletic Training from CSU, Chico
- MA in Athletic Training from CSU, Chico
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Rugby
- Martial Arts
- Soccer
- CrossFit Level 1 Trainer
- US Navy Seabee



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