## Kurt V.



Master Trainer
Group X Instructor
Assistant Fitness Manager
Team Member Since: 2005
Sessions Serviced: 5,000 +

## **Education & Certifications**

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. Fitness Therapy Certification
- International Sports Sciences Assoc. Personal Trainer Certification
- KETTLEBELL Certified Kettlebell Instructor
- National Academy of Sports Medicine Corrective Exercise Specialist
- National Academy of Sports Medicine Certified Personal Trainer
- National Academy of Sports Medicine Performance Enhancement Specialist
- National Council on Strength and Fitness Personal Trainer

## **Hobbies and Achievements**

- Cycling
- Motorcycle road racing



For more info about this trainer, scan this code with your smart phone or visit:

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