

# John P.



**Certified Personal Trainer**  
**Team Member Since: 2009**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- BS in Kinesiology - Sports Management from San Jose State
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- AS in Fire Protection from Mission College
- Cooking and Eating
- Writing Music
- Playing Sports



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)