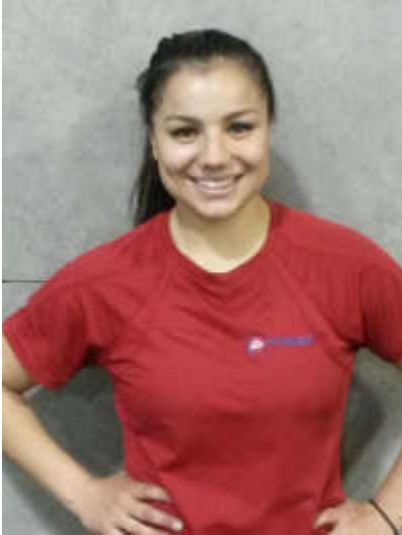


Alex C.



Certified Personal Trainer
Master Trainer
TC24 Coach
Team Member Since: 2011
Sessions Serviced:10,000 +

Education & Certifications

- BS in Kinesiology from Cal State Eastbay
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TC24 Coach
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Track and Field
- Boxing
- Strength Training
- Collecting High Heels



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 811