

Gilbert G.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BS in Kinesiology
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Played for West Valley Mens Soccer Team, 2010 Ranked 4th in the Nation
- Love to Work Out
- A.A., A.S.in Social and Behavioral Science



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