

Todd W.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Business Entrepreneurship from San Jose State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- KETTLEBELL – Certified Kettlebell Instructor
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor
- USA Weightlifting Certification

Hobbies and Achievements

- Martial Arts
- Lacrosse
- CrossFit
- Snowboarding



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 811