

Adam H.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BS in Kinesiology from California State University East Bay
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Health and fitness
- All sports
- Outdoorsmen



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 814

