

Ana D.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2011

Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- World Instructor Training School - Personal Trainer Certification

Hobbies and Achievements

Yoga
Traveling
Playing Guitar



For more info about this trainer,
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24hourfitness.com/personaltraining