

# Paolo T.

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer



**Certified Personal Trainer**  
**Team Member Since: 2008**

## Hobbies and Achievements

- Boxing
- Music
- Jiu Jitsu



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[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)